

Merry Xmas

Please donate generously this Christmas

Please bring in much needed items below
and pop them in the boxes to support
Aldgate Foodbank this December.

1

Tinned
Chickpeas

2

Toothpaste

3

400g
Lentils

4

Soap /
Handwash

5

Chopped
Tomatoes

6

Size 5
Nappies

7

500g Split
Yellow Peas

8

Tinned
Fruit

9

500g
Basmati
Rice

10

Washing-Up
Liquid

11

Dried
Chickpeas

12

Butter
Beans

13

Size 6
Nappies

14

Tinned
Vegetables

15

Deoderant

16

Tea Bags
(40/80)

17

Coffee
100g

18

500g
Raisins

19

Turmeric /
Garam
Masala

20

Cooking
Salt

21

Tomato
puree

22

Laundry
Tablets

23

Bar or Box
of
Chocolates

24

Ground
Cumin

**ALD GATE
CONNEX**
Welcome everyone

FOOD FOR

ALD GATE

east
end HOMES

Any questions, please contact:

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